

# LYMPHATIC DRAINAGE

Full Body Manual Lymphatic

£70

#### Drainage Massage

Discover the power of Lymphatic Drainage with our 60 minute full body Manual Lymphatic Drainage massage, designed to stimulate the lymphatic system and promote the natural drainage of lymph fluid from tissues. MLD is a natural detox for the body. Perfect for pre-and- post flight; bloating and swelling; feeling sluggish, tired or drained; improving the immune function; relaxation and stress relief.

#### Detox & Drain Tummy Sculpt £60

A 40 minute Lymphatic Drainage and Sculpting massage focusing on the stomach area using only hands, no machine. This treatment combines our signature detox sculpting techniques with lymphatic drainage. Are you wanting to focus on your gut health or achieve a flatter stomach? Then this treatment is the one for you!

# FAT MELTING & SKIN TIGHTENING

### Cavitation (Fat Melting)

From £45

Ultrasonic Cavitation also known as Ultrasound Liposuction is a non-surgical fat removal procedure that uses scientifically proven non-invasive technology to break down unwanted fat through sound waves. This is a 30 minute treatment. A course of treatments is recommended.

# Radio Frequency (RF)

From £45

## (Skin Tightening)

radio frequency is a non-invasive heat treatment that helps tighten, contour and refine deeper lines of the skin over the face and body. This is a 30 minute treatment. A course of treatments is recommended.







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# LIQUID LIPO

LIQUID LIPO is an ultra-fast fat reduction treatment using a fat dissolving topical gel, that will change the way you lose weight with noticeably visible results from the first treatment – without cosmetic surgery and zero recovery time. LIQUID LIPO is extremely effective for reducing those stubborn bands of fat

Detox & Melt - Wrap Only

£45

#### Liquid Lipo Deluxe

All Liquid Lipo Deluxe treatments include wrap in desired area, cavitation, radio frequency and lymphatic drainage massage

Stomach	£95
Stomach course of 3	£250
Upper inner/outer Thighs	£95
Thighs course of 3	£250
Upper Arms	£95
Arms course of 3	£250
Chin Contour	£50
Chin course of 3	£120

## LEMON BOTTLE

The Lemon Bottle solution is injected directly into the fatty tissue, where it works to break down fat cells quickly and effectively.

Lower Stomach	£225
Full Stomach	£315
Love Handles	£225
Bra Bulge	£190
Inner or Outer Thighs	£225
Upper Arms	£190
Chin	£85
Chin & Jaw Line	£145

## 3D POWERSCULPT

The High Intensity Focused Electro-Magnetic technology repeatedly contracts the muscles throughout the treatment, forcing the muscle tissue to adapt, resulting in muscle building and fat burning, significantly more than what would be possible in conventional exercise. Just one 30 minute session is the equivalent to 20,000 stomach crunches.

This is not to be confused with older technology like direct current muscle stimulation.

Treatment Areas include:

Abdomen, Upper Arms, Inner/Outer Thighs, Buttock (Bum Lift)

Trial Session	(First session only)	£69
Per session	£99	
Course of 8		£595

